



EMPATHETIC DE-ESCALATIONS & POLICING MOTIVATIONAL INTERVIEWING (24 Hours)

January 10th, 11th, 12th, 2023

Multnomah County Sheriff's Office Training Unit 3083 NE 170th PL
Portland OR, 97220

Are you a progressive agency looking for innovative strategies to better equip your personnel with the necessary skills needed to navigate today's shifting communication barriers? Or, maybe you're a law enforcement professional who wants to create positive change in a person's life? If so, then Motivational Interviewing (M.I.) is your essential tool.

WHAT YOU WILL LEARN: Created as a highly successful communication/change management process, M.I. strategically arranges conversations in such a way where people talk themselves into change based on their own values, motivations, and interests. M.I. replaces the traditional police communication trap of simple question-and-answer sessions with specialized reflective listening and empathetic responses specifically designed to engage, guide, and build trust through communication and the stages of change. Therefore, instead of creating barriers, M.I. moves communication/change forward as a positive collaboration between two people. Change/communication; whether it's on a personal level or global, simple or complex, happens every day. Will you be ready to make a profound difference in someone's life?

AUDIENCE: Police Officers, Corrections, Probation & Parole, Victim Advocates, Protective Service, Juvenile Justice, Court Personnel, Field Training Officers, Police Dispatch, Crisis Units, Hostage Negotiators, Interviewers, Human Resources, Employee Development, Change Managers, Leaders, and Internal Culture Change Agents.

COST: \$500.00 per student. 10% discount to agencies that register 5 or more students.

TOPICS INCLUDE:

- **Motivational Interviewing in LE**
- **Communicating using O.A.R.S.**
- **Utilizing reflective listening**
- **Detecting discord and sustain talk**
- **Recognizing change talk**
- **Navigating ambivalence**
- **Understanding value statements**
- **Building trust with citizens**
- **Identifying the stages of change**
- **Acknowledging the righting reflex**
- **Scenario exercises/activities**
- **How to "let go" of outcomes**

REGISTRATION, FEES, AND CANCELATION POLICY

Full Payment must accompany all registrations and may be completed using the following options:

By mail: Registration forms can be requested at jdecker@telosmi.com or by calling 503-310-8483. Mail completed form with a check or money order to Telos Motivational Interviewing (found on the registration form) .

Online: Complete the online registration form. Scan and email the form to jdecker@telosmi.com.

Visa, MasterCard, American Express, and Discover payments can be made by contacting Telos at (503)310-8483.

In the event you need to cancel, please contact Telos via the above email or telephone. A 20% administrative fee will be assessed to all refunds if the cancellation request is received within 14days of the course start date. There are no refunds for "no-shows."

COURSE INFORMATION

A minimum number of registrations must be received for a class to proceed as scheduled. When that minimum criterion has been met, written confirmation will be emailed to you in the form of a "Welcome Package". **NOTE: Please do not make nonrefundable-type travel arrangements until you receive written notification confirming the course will run as scheduled.**

All transportation, meals, and lodging are the responsibility of the student. However, hotels in the area may offer a special rate to Telos MI program participants. This and other venue specific information will be included in the "Welcome Package". If you have any questions or concerns they can be answered or addressed by contacting us at: (503)310-8483.

WWW.TELOSMI.COM

(503)310-8483



TELOS
MOTIVATIONAL INTERVIEWING

Telos Motivational Interviewing

Registration Form

STUDENT INFORMATION

First Name: _____ Day Phone: _____
Middle Initial: _____ Student Fax Number: _____
Last Name: _____ Student Email: _____
Address: _____
Address 2: _____
Zip Code: _____
City: _____
State: _____
Occupation (Title): _____
Employer (Agency Name): _____

Americans with Disabilities Act Program Accessibility:
Individuals who require reasonable accommodation in order to participate must notify Telos M.I. at (503)310-8483 at least five working days prior to the class.

COURSE INFORMATION

Course Title: _____
Course Dates: _____
Course Location: _____
Course Fee: \$ _____

**Full payment must
accompany all registrations!**

Please do not make airline reservations until you receive written notification confirming that the course will run as scheduled.

PAYMENT INFORMATION

Payment must be submitted with your registration.

☐ Check enclosed for: \$ _____ **Make check payable to: Telos Motivational Interviewing**
☐ Bill my: ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover for \$ _____
Card #: _____ 3- or 4-digit security code: _____
Name as it appears on card: _____ Expiration Date: _____
Email receipt to: _____

CANCELLATION/REFUND POLICY:

A 20% administrative fee will be assessed to all refunds if the cancellation request is received within 14 days of the course start date. In lieu of a refund, student substitutions can be made or a credit can be issued for a future course. No refunds will be given for no-shows.

REGISTERING PERSON'S INFORMATION (If different than student)

Registering Person's Name: _____
Registering Person's Title: _____ Phone Number: _____
Registering Person's Email: _____

Return via email: jdecker@telosmi.com Return via mail: Telos Motivational Interviewing 166 Belle Ct. Oregon City, OR 97045

Telephone: (503)310-8483

What is Motivational Interviewing
and why do law enforcement
professionals need it now?

Motivational Interviewing is an evidenced-based, collaborative style of communication focused on partnership, acceptance, compassion, and evocation which is used to connect with an individual on a deeper, more personal level; creating a mutual bond of **trust, respect and understanding**. Motivational Interviewing uses specific language, listening, and communication techniques to help individuals through any difficulty or challenge they may be facing. Or, just to simply talk.

As a law enforcement professional, you are on the front line everyday. You have the potential to see people at their best or worst moment in life. Motivational Interviewing is ***literally*** the communication tool that can help you navigate any situation, conflict, change process, or simple conversation that needs to be completed.



Learn more by emailing:
jdecker@telosmi.com

Email: jdecker@telosmi.com

Office: 503-310-8483

Website: www.telosmi.com



Portland * Seattle * Denver

It's no secret that law enforcement is at a watershed moment in history. Defunding police is not a sustainable or viable option in the face of today's challenges; the next step of law enforcement evolution is. I am passionate about rebuilding the trust between law enforcement and citizens through mutual respect and understanding. I want to give this passion to others, in hope that we all gain a deeper level of empathy and understanding for each other. At the heart of every great outcome lies proper communication. Let my vision with Motivational Interviewing, professional experience, and passion help your agency take the next step in law enforcement evolution.



Telos Motivational Interviewing

*The Future of Law Enforcement
and Community Relations*



TELOS
MOTIVATIONAL INTERVIEWING

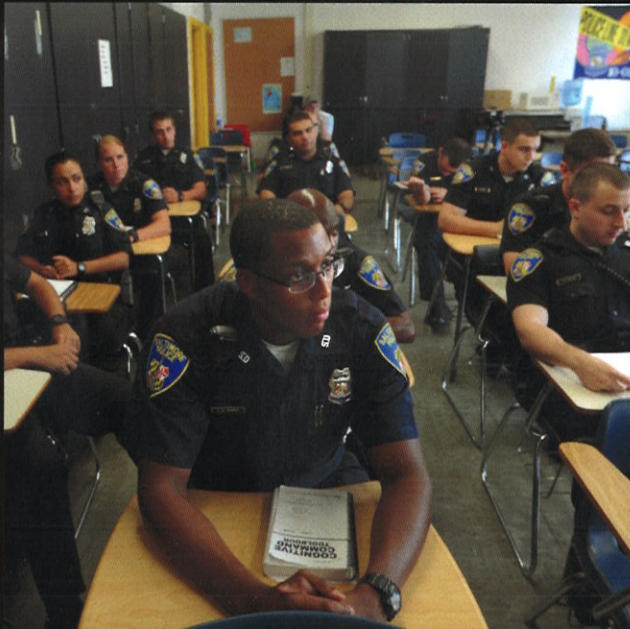
www.telosmi.com

Training and Services for Today's Law Enforcement Professionals

*Empathetic De-escalations and Policing

*Police Communication, Change Management and Leadership Training

Learn more by calling: 503-310-8483



We understand that you and your agency is unique. Telos MI uses innovative adult learning instruction styles that connect with students to create an engaging and fun environment while deeply learning the art of Motivational Interviewing. Further, we take time to listen and understand each student on a personal level. We respect the depth of knowledge and experience each person brings to a class. We embrace the persona of lifelong learners ourselves. Each student makes our life just as rich as we hope our class does for them.



"There is no greater honor than being a part of someone's success in life"

-Jeffery Decker, M.S., Director

Jeffery's professional career began in the United States Army where he served six years. He received his Undergraduate degree in Criminal Justice and Psychology from the University of Nebraska. For fifteen years Jeffery served as a law enforcement professional; beginning as a police officer with the Garden City Police Department in Kansas and later as a state trooper with the Nebraska State Patrol. Part of his eleven year tenure with the Nebraska State Patrol included being assigned to the state academy as a full-time instructor, coach, mentor, and leader to basic recruit and veteran troopers.

In 2011 Jeffery moved to Oregon where he works as an Adult Protective Service Investigator on behalf of the state.

Jeffery obtained his Master's degree in Leadership and Communication through Capella University in 2014 where he proudly graduated on the President's List with a 4.0 G.P.A.

Jeffery formed Telos Motivational Interviewing in 2015 with the singular hope of helping law enforcement professionals gain a new and better skill set to effectively communicate, understand and help the citizens they so proudly serve while not forgetting about the officer's role.

Who would benefit from M.I. and Empathetic De-escalations and Policing?

Law Enforcement Fields

- | | |
|---------------------|--------------------------|
| *Police | *Parole Officers |
| *Protective Service | *Field Training Officers |
| *Corrections | *Police Dispatch |
| *Juvenile Justice | *Crisis Units |
| *Court Personnel | *Special Victim Units |
| *Victim Advocacy | *Interviewers |
| *Probation Officers | *Hostage Negotiators |

Customer Service

- *Human Resources
- *Office Managers
- *Financial departments
- *Public Relations
- *Contract Negotiations

Leadership & Change Management

- | | |
|------------------|-----------------------|
| *Leaders | *Employee Development |
| *Managers | *Implementations |
| *Culture Changes | *Supervisors |

See how at: www.telosmi.com

